

# ABORIGINAL & TORRES STRAIT ISLANDER SEXUAL ASSAULT COUNSELLING SUPPORT

Agency	Canberra Rape Crisis Centre, Nguru Program
Location	ACT region
Target Group	Sexual assault survivors – Women and children
Service Model	Support, counselling and education
Philosophy	Feminist and indigenous perspective on rape and sexual assault
Contact Details	<p>P 6247 2525    24 hour counselling service  P 6247 8558    Office 9.00 am – 5.00 pm  F 6247 2536    TTY 6247 1657  E nguru@rapecrisis.org.au</p> <p>PO Box 916, Dickson ACT. 2602</p>
Referral Process	Direct referral through 24 hour counselling phone service
Staff Duty Hours	24 hour phone counselling and support service Office hours 9.00 am – 5.00 pm Monday to Friday
Support Provided	Counselling, support and advocacy, support groups, education and information and workshops
Rules	N/A
Costs Involved	Nil
Disability Access	Yes

## CANBERRA EMERGENCY ACCOMMODATION SERVICE – BROKERAGE SERVICE

Agency	Anglicare Canberra and Golburn
Location	ACT region
Target Group	People experiencing housing crisis who are relatively self managing
Service Model	Brokerage service – ie assistance with bond money, motels, rental arrears
Philosophy	Flexible options for people experiencing housing crisis
Contact Details	P 6230 1486    F 6230 1419    M E ceas@saviours.org.au  GPO Box 628 Canberra ACT 2601
Referral Process	By phone for assessment – SAAP referral form. Turnaround time 24 hours. Can self refer
Staff Duty Hours	10.00 am – 6.00 pm Monday to Saturday.
Support Provided	Non- interest loans for rent arrears and bonds. Crisis accommodation in a caravan / hotel / motel. Medium term and transitional accommodation , case management, advocacy and referral.
Rules	To be discussed with clients
Costs Involved	Clients are encouraged to contribute to accommodation costs up to 25% of income in addition to repaying any loans provided
Disability Access	We endeavour to fit accomodation to client's needs where possible.

## RAPE CRISIS CENTRE

Agency	Canberra Rape Crisis Centre
Location	ACT region
Target Group	Sexual assault survivors – women and children
Service Model	Counselling, court support, groups
Philosophy	Feminist perspective on rape and assault
Contact Details	<p>P 6247 2525      24 hour crisis line/ counselling service</p> <p>P 6247 8071      Administration</p> <p>F 6247 2536      TTY 6247 1657</p> <p>E support@rapecrisis.org.au</p> <p>PO Box 916 Dickson ACT 2602</p>
Referral Process	Direct referral through crisis line
Staff Duty Hours	<p>9.00 am – 5.00 pm Monday to Friday (office)</p> <p>24 hour crisis line, 24 hour sexual assault counselling service</p>
Support Provided	<p>24 hour crisis and counselling service, advocacy and information, support through all legal and medical processes including court preparation, information on legal and medical processes, referral to other services, support for family and friends, education workshops, support groups for survivors of sexual assault, free community library service. Male survivors service – see SAMSSA in guide. Aboriginal &amp; Torres Strait Islander Counselling, Support &amp; Education Program – refer to guide for more information</p>
Rules	N/A
Costs Involved	Nil
Disability Access	Yes

	<b>SAMSSA – Service Assisting Male Survivors of Sexual Assault</b>
<b>Agency</b>	Canberra Rape Crisis Centre
<b>Location</b>	ACT region
<b>Target Group</b>	Male survivors of sexual assault and their families
<b>Service Model</b>	Face to face counselling, telephone support, groups
<b>Philosophy</b>	SAMSSA is opposed to all forms of sexual violence and domination. SAMSSA is a male positive, gay affirming and pro-feminist service
<b>Contact Details</b>	<p>P 6262 7377    F 6262 7388    M 0411 847 108  P 6247 2525    24 Hr Crisis Line  E samssa@effect.net.au</p> <p>Unit 2/114 Maitland St Hackett ACT 2602</p>
<b>Referral Process</b>	Contact by phone. Referrals can be processed within a week, usually at the time. Can self refer
<b>Staff Duty Hours</b>	9.00 am – 5.00 pm Monday to Friday
<b>Support Provided</b>	Face to face counselling; phone counselling; education; sexual assault information; support; information about follow up medical assistance
<b>Rules</b>	N/A
<b>Costs Involved</b>	Nil
<b>Disability Access</b>	Yes

## KARINYA HOUSE FOR MOTHERS AND BABIES

Agency	Karinya House
Location	Northside
Target Group	Pre and post-natal women and their children
Service Model	Residential, community living – medium to long term housing, outreach services
Philosophy	To be a dynamic, compassionate organisation providing professional care and support for women and their children in need during and after their pregnancy
Contact Details	P 6259 8998 F 6258 0337 M E info@karinyahouse.asn.au  PO Box 6 Evatt Newsagency Evatt ACT 2617
Referral Process	Contact by phone, clients can self refer or someone else can make the referral. We always aim to see clients as soon as possible, client intake numbers are capped from time-to-time and waiting lists established.
Staff Duty Hours	24 hours
Support Provided	Supported accommodation, transitional housing and outreach service
Rules	Respect, confidential address, participate in house and casework programs, drug and alcohol free
Costs Involved	No cost for outreach support, however if a resident– rent 25% of assessable income, \$50 food and \$10 towards utilities per week
Disability Access	Partial access–refer to co-ordinator

## MINOSA HOUSE

Agency	Centacare
Location	Northside
Target Group	Single men over the age of 18
Service Model	7 Short term beds for a period of up to three months
Philosophy	Centacare service offering safe, supportive accommodation
Contact Details	P 6162 6837 F 6249 6886 M 0417 212 252 E  PO Box 75 Civic Square Canberra City ACT 2601
Referral Process	Via phone, interview in person. Can self refer
Staff Duty Hours	7 Days a week, referral hours 9.00 am – 5.00 pm No after hours referral / placement
Support Provided	Case management
Rules	No drugs and alcohol, no violence on premises, no visitors, no smoking in house, 10.00pm curfew, residents must be case managed and medically compliant on premises
Costs Involved	\$16 a night
Disability Access	No

ADRA	6257 3890 emergency food parcels for those with assessed need. Shop 2, 14 Lonsdale Street, Braddon Mondays to Thursdays – 10.00 am – 5.00 pm Fridays – 10.00am – 4.00 pm
Ainslie Village Dining Room	6162 6800 Quick St Ainslie. \$5.00 Main, dessert and beverages 7 Nights – 5.00pm – 6.00 pm
Baptist Church	6257 4750 Baptist Church – 17 Condamine St, Turner. Free meal Tuesday – 12.00 noon
Blue Door Drop In Centre	6247 8058 breakfast and lunch continuous tea and coffee, food and clothing vouchers. Soup or sandwiches Monday to Friday – 9.00 am – 2.30 pm Sundays – hot meal 12.00 noon – 3.00 pm
Canberra Community Care	6287 1480 Coleman Court, Weston Creek basic food hampers for emergency situations By appointment
Communities@Work Tuggeranong Youth Resources Centre	6293 2146 afternoon tea, information, referral, education, recreation and support. Some emergency food relief available
Directions	6122 8000 Parent body of community based drug and alcohol programs. Monday to Saturday – lunch (during programs)
Early Morning Centre in the City	6247 5041 Canberra City Uniting Church, Pilgrim House, 69 Northbourne Ave. Assistance with accommadation. Referral service & office and mailbox facilities 9.00 am – 11 am. Monday to Friday – breakfast 7.30 am – 8.30 am